

# THE PROMENADE P O S T

**December 2008**

582 Veterans Memorial Drive • Pearl River, NY 10965 • (845) 735-6846



Join us at:

**The Pitz Supper Club**  
as we ring in

**THE NEW YEAR 1955**  
(Murder Mystery Party)

Enjoy the musical stylings of  
**Lou Gumbardo and**  
**"The Loyal Geraniums!"**

Place: The Promenade

Date: Dec. 31

Time: 3 p.m.

I need volunteers to play the roles  
of the characters.

If you are interested in  
participating in this program,  
please contact:

Dawn, Recreation Director,  
to discuss the details.

## **A Message From Diane**

I hope everyone had a very enjoyable Thanksgiving, appreciating all that we are fortunate to have every day.

In honor of Veterans Day, we saluted and gave a BIG THANK YOU to our residents who had served; Ralph and Donald (WWII-Navy), Jack (WWII-Army Air Corps), Bob (Korean War-Army), John (Korean War-Marines), Manny, Henry and Alice (WWII-Army), Michael (Army-Ranger Battalion) and Robert (Army Reserves). Time goes by so quickly and we should all stop and smell the roses.

Welcome to our home ... Mildred!

All staff at the Promenade would like to wish all of our residents, family members and friends a very happy and healthy Hanukkah, Christmas and New Year.

**Diane, Executive Director**



(Top Left) Robert R., John G., Michael L., Jack D., Alice R. (Bottom Left) Bob E., Manny H., Ralph C., Donald H.



Mildred C.

## **We Couldn't Have Done It Without You**

Thank you to all of the families who gave us their support to make the Radio City Christmas Spectacular trip a success!

**The Promenade Family**



**THURSDAY, DEC. 11**

**DON'T FORGET TO MARK THE DATE ON YOUR CALENDAR.**

## **Happy Holidays**

**THURSDAY, DEC. 25**

**Christmas Day**

Families are invited to join us for Christmas Day Dinner at noon.

Please R.S.V.P. by Dec. 14





## Trivia Whiz

### Facts for Your Noggin

Though the origins of eggnog may be slightly muddled, one thing's certain: It hits the spot when you want a rich, creamy treat during the holidays.

Some say eggnog is a variation of the milk and wine mixers popular in the Old World. Because wine was heavily taxed in the colonies, rum was substituted instead.

Rum was called "grog," so "eggnog" might have come from the name "egg and grog." Others say "nog" is the term for the wooden mug in which the drink was typically served. Perhaps the truth is a blend of both stories when "egg and grog" was served in a "nog."

While typically indulged in only during the holiday season today, eggnog historically was a general winter beverage.



Barbara G.'s Shadow Box

### Attention, Families!

We would like to personalize the shadow boxes outside each resident's room. Please bring in items and photos of your loved one, reflecting their past and present interests/experiences. We will gladly assist in arranging the items provided to us and have them displayed in their shadow box. We hope to accomplish this goal of customizing each shadow box by the new year! Please contact me if you have any questions.

*Dawn, Recreation Director*



### December Birthdays

People born in the month of December tend to be loyal, generous, honest and trustworthy. They care deeply for family and close friends and love to play games and tell jokes—making these folks very fun to be with!

### Happy Birthday

12/1	Audrey N.
12/9	Lucille P.
12/18	Christina C.
12/21	Gilberto D.



### Special Events

12/3	HEALTHY CHOICES SEMINAR
12/4	EVENING MUSIC WITH MITCH
12/7	ENTERTAINMENT BY DAVID K.
12/9	CHAIR YOGA WITH COLLEEN
12/11	HOLIDAY PARTY
12/15	SING-ALONG WITH JACK V.
12/18	GRACE ON THE FLOOR
12/23	BERT PLAYS ACCORDION
12/28	MARY S. ENTERTAINS
12/31	NEW YEAR'S MURDER MYSTERY

**Family and friends are always welcome to join us!**



### The Promenade Trips

SUNDAYS	RELIGIOUS SERVICE
TUESDAYS	WALKING CLUB MALL
12/2	AFTERNOON TEA
12/4	SHOPPING TRIP
12/9	SLAYER HOUSE EXHIBIT
12/11	GLO GOLF
12/16	SHOPPING TRIP
12/18	NIGHT LIGHT TOUR
12/21	METROPOLITAN KLEZMER
12/30	LUNCH BUNCH OUTTING

All activities are subject to change.



Manny and Harriet



**\*\*\*WELLNESS CENTER\*\*\*  
FIRE SAFETY!**

Attn: Residents and Family Members

As the holidays approach, we want to make sure everyone has a happy, safe season. Please be aware of the items **NOT ALLOWED** in rooms ...

- \*candles
- \*live Christmas trees
- \*live wreathes

**Marilyn, Wellness Director**



Myron and Norma



**We Appreciate You!**

Girl Scout Troop 572 from Congers came in on Nov. 5 and gave the residents facials and makeovers. A good time was had by all who participated and we look forward to the young ladies returning in the near future to do it all over again!



**BEFORE!**



**DURING!**



**AFTER!**



**Wit & Wisdom**

“Sunshine is delicious, rain is refreshing, wind braces us up, snow is exhilarating; there is really no such thing as bad weather, only different kinds of good weather.”

—John Ruskin

“Getting an inch of snow is like winning 10 cents in the lottery.”

—Bill Watterson

“Courage is not the towering oak that sees storms come and go; it is the fragile blossom that opens in the snow.”

—Alice M. Swaim

“Cleaning your house while your kids are still growing is like shoveling the sidewalk before it stops snowing.”

—Phyllis Diller

“Advice is like snow; the softer it falls, the longer it dwells upon, and the deeper it sinks into the mind.”

—Samuel Taylor Coleridge

# Promenade Family



PromenadeSenior.com

Diane Hill.....Executive Director  
Marilyn Rosenzweig.....Wellness Director  
Dawn Irvin.....Recreation Director  
Michael Logan.....Food Service Director  
Ben Magboo.....Maintenance Director  
Caryn Bergon.....Community Relations Director

## MISSION STATEMENT

The Promenade believes that seniors have the right to lead happy, healthy and productive lives. It is our responsibility to ensure that they can.

Our mission is to provide seniors with outstanding housing options, as well as uncompromising care to enable residents to lead dignified and productive lives.

Our mission is to have your family members become members of our Promenade family.

The Promenade at Blue Hill  
582 Veterans Memorial Dr.  
Pearl River, NY 10965