

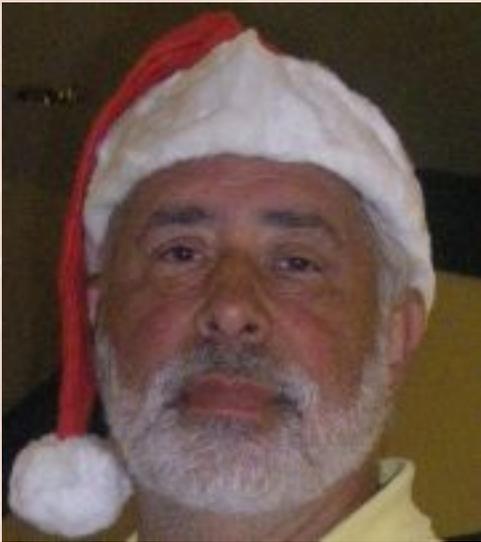
# THE PROMENADE P O S T

**December 2009**

582 Veterans Memorial Drive • Pearl River, NY 10965 • (845) 735-6846

*Congratulations*

**Bob Rozenzweig - Our  
Employee of the Month**



Bob has been a valuable part of our recreation team since 2007. We appreciate him for his enthusiasm, dedication, creativity and awesome sense of humor !!!



I love this festive time of the year!! We are all set for numerous holiday celebrations and traditions. Please join us when you can for all of our festivities and parties.

The entire Promenade Family extends their best wishes to all of our residents, staff, volunteers, extended families and friends for a wonderful, safe, healthy and joyous holiday season.

**Best Always, Leah**

## **Wellness Wisdom**

The Wellness staff wishes everyone a Happy & Healthy Holiday Season and New Year!

During this time of year, and always, we ask that you please not give any individual staff member gifts. A gift that may be shared equally is acceptable, and so is a kind word of thanks.

*Please help keep our residents healthy by refraining from visiting if you are ill. Hand sanitizer is provided by the reception desk.*

**Thank you, Marilyn and Staff**



## **Residents, Families & Friends**

WED. DECEMBER 9th 5:30-7:30pm



## **Merry Christmas**





## SMILES



### Resident Birthdays

12/1 Audrey N.  
12/21 Gilberto D.



### Birthday Party Social

Wednesday, December 16th, 3:00PM  
Everyone is welcome to join us and celebrate with cake and punch!

### Staff Birthdays

12/7 Aesel K.  
12/25 Smeralda P.



### Family Night

Please join us for Family Night on Thursday, December 17th at 6:30pm.

Mitch Korn will be performing his karaoke style music.

Refreshments will be served.

### CHRISTMAS LUNCHEON

You are welcome to join your family member for our

#### Christmas Luncheon

On Friday, December 25th at 12:00pm  
Adults \$12, Children 10 and under \$6

**Reservations are required by 12-20**

Please call 845-735-6846



### Promenade Trips

SUNDAYS RELIGIOUS SERVICE  
12/1 SHOPPING TRIP  
12/3 GILMORE SLOANE HOUSE  
12/5 NUTCRACKER PERFORMANCE  
12/6 FOLK CONCERT AT LIBRARY  
12/8 LUNCH BUNCH OUTING  
12/10 MAGICAL MYSTERY TOUR  
12/15 SOCIAL HOUR IN SUFFERN  
12/17 ON THE ROAD WITH BOB



### SPECIAL EVENTS

12/1 CHAIR YOGA WITH COLLEEN  
12/2 LAUGHTER CLUB  
12/4 MARY STELLA SINGS  
12/7 HISTORY WITH RICH SHARP  
12/9 HORTICULTURE CLUB  
12/9 FAMILY HOLIDAY PARTY  
12/13 HANUKKAH PARTY  
12/14 GRACE ON THE FLOOR  
12/16 BIRTHDAY SOCIAL  
12/17 FAMILY NIGHT SOCIAL  
12/17 MITCH KORN ENTERTAINS  
12/22 BERT PLAYS ACCORDION  
12/25 CHRISTMAS LUNCHEON  
12/27 DAVID KLOPACH PERFORMS  
12/29 ZUMBA EXERCISE  
12/31 NEW YEAR'S EVE CELEBRATION



## Fun and Entertainment



# Featured Recipe



## Gingerbread Cookies

- 2/3 cup shortening
- 1/2 cup brown sugar, packed
- 1 tsp cinnamon
- 1/4 tsp ground cloves
- 2 tsp ground ginger
- pinch salt
- 3/4 cup molasses
- 1 egg
- 3 cups flour
- 1/2 tsp baking powder
- 1 tsp baking soda

Cream together first 6 ingredients. Add egg and mix. Add molasses and mix again.

Mix together flour, baking powder and baking soda in a separate bowl. Sift. Add to the creamed mixture and stir until well blended. Chill 1 hour.

Preheat oven to 375 F. Roll out dough 1/4 at a time to 1/8" thickness or slightly thicker on a lightly floured board. Cut with a cookie cutter and transfer to a greased (or non stick) cookie sheet.

Repeat with remaining dough. Before baking, decorate with raisins as you like.

Place in oven for 8 - 10 minutes.



**FUN! FUN!**



We are grateful to the Ponella Family for the generous donation of ceramic & craft supplies.

**Thank You !!**



# The Promenade at Blue Hill Family



PromenadeSenior.com

Leah Schwibner.....Executive Director  
Marilyn Rosenzweig, RN.....Wellness Director  
Gretchen Sutera.....Recreation Director  
Michael Logan.....Food Service Director  
Ben Magboo.....Maintenance Director  
Caryn Bergon.....Community Relations Director

## MISSION STATEMENT

Our mission is to provide seniors with outstanding housing options, as well as uncompromising care to ensure our residents can lead the happy, healthy and productive lives they deserve.

It is our desire to have your family and friends become members of our Promenade family.

**(845) 735-6846**

**[www.promenadesenior.com](http://www.promenadesenior.com)**

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