

THE PROMENADE P O S T

July 2009

582 Veterans Memorial Drive • Pearl River, NY 10965 • (845) 735-6846

Congratulations!
Employee of the Month
Marie Beaujour



**Welcome
New
Residents**

Ida C., Helen D. and Barbara P.

We look forward to making
and sharing memories with you
and your loved ones!



We are looking forward to hot
July days!!! Residents are enjoying
outdoor programs and offsite
activities.

This month our residents are
going to visit our friends at Life's
Journey Equine Therapy Program,
located at Ramapo Equestrian
Center. We are looking forward
to a fun, educational, interactive
experience.

We are reminding families and
friends to please remember to
sign Promenades residents out
when leaving the grounds and of
course make sure they sign back
in.

Our suggestion box has been
asking for new ideas for our
residents and our community. We
would love to hear from you.

Have a great, safe happy July.

Best Always,
Leah, Executive Director



Spring Valley Rotary 2009

The centerpieces in photo above
were made by the residents in
Town House for the rotary
banquet and designed by none
other than our:

Activity Leader, Bob Rosenzweig

Great job by all involved!

Giggles 4 U Comedy Night
Family Night
Thursday, July 16th
6:30 PM

Good clean jokes will be served
up on a plate of laughter



From The Promenade Family



Family Support Group
Thursday, July 23rd
7:00PM

with Judy Tamaroff, L.C.S.W.
The Support Group meets the
4th Thursday of each month.
Please join us...



Trivia Whiz

All Hail

Red, white and blue are ubiquitous in July. Here are some facts about those colors and our flag:

America's founding fathers never indicated whether the U.S. flag's colors represented anything specific, according to the book "Our Flag."

The Great Seal of the U.S. (red, white and blue) provides a clue to possible symbolism of the flag's colors: purity and innocence (white); hardiness and valor (red); and vigilance, perseverance and justice (blue).

The colors in the Great Seal represent the ideals, values and beliefs of the Continental Congress.

The stars on the flag represent the heavens, and the stripes are rays of sunlight—the original 13 colonies.



Birthstone of the Month

July Birthdays

A Cancer is emotional, caring, ready to lend a helping hand, and dedicated to supporting both people and causes they believe in. Leos are ambitious, self-confident, and born leaders who thrive when faced with adversity.

Happy Birthday

- 7/3 Robert E.
- 7/21 Eileen G. & Mary T.
- 7/22 Holly S.
- 7/25 Barbara S.
- 7/26 Peggy M.

Birthday Party Social

Thursday, July 30th, at 3:00PM



Senior Awareness Day R.C.C.

Special Events

- 7/3 MARY S. SINGS
- 7/8 HORTICULTURE CLUB
- 7/9 MUSIC WITH WARREN O.
- 7/16 FAMILY-COMEDY NIGHT
- 7/21 CHAIR YOGA WITH COLLEEN
- 7/22 BERT PLAYS ACCORDION
- 7/29 MUSIC WITH RON R.
- 7/30 CLOWNS "R" US



Gabby the Magician

Talent Show Sun., Aug. 2nd, 2PM

Is the ham in you yearning to be free? Are you a joker in a deck of cards? Well then come join us and wow us with your best talent! We would like to make this show even more successful than the last, so we are asking that our family members and community get involved. To sign up please contact:

Anthony, Activity Leader

The Promenade Trips

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|---------|---------------------|
| SUNDAYS | RELIGIOUS SERVICE |
| 7/2 | ICE CREAM STAND |
| 7/9 | EXPLORER'S CLUB |
| 7/10 | SUMMER CONCERT PARK |
| 7/12 | RHINEBECK AERODROME |
| 7/14 | PICNIC IN THE PARK |
| 7/16 | PHILLIPSBURG TOUR |
| 7/23 | TRIP TO BOARDWALK |
| 7/28 | LIFES JOURNEY |



Trip to West Point

Lasting Memories

Coming this summer is a new program to help you preserve your special history in a documentary that will become your family's most cherished gift. Ned B. and Debbie E., who are producers and hosts of "Beyond the Art" Cable TV show, will be visiting our facilities to archive your life story and prepare a DVD that you and your family can share and enjoy for many generations. They will also include any family photographs that are available and can even interview other family members for the DVD. The cost will vary depending on how much you and your family would like to include in the program.

Attention, Families & Residents!

I think this will be a very interesting way to preserve the memories of your loved one. I met Deb and Ned when they were here at The Promenade filming Chair Yoga with Colleen for their show. I am very excited to see this program begin taking shape in our community. If you are interested or would like more information, please contact:

Dawn, Recreation Director

In
Memory of

Myron Mandel

We extend our condolences to his family and friends.



Memorial Day BBQ

THANK YOU!

Chef Michael Logan and staff for all your effort and a successful Memorial Day Bar-B-Q



Audrey & Family



Jonathan and Scarlett



Gilberto & Family



Wit & Wisdom

"Summer afternoon, summer afternoon. To me, those have always been the two most beautiful words in the English language."

—Henry James

"Deep summer is when laziness finds respectability."

—Sam Keen

"Of all the wonders of nature, a tree in summer is perhaps the most remarkable—with the possible exception of a moose singing 'Embraceable You' in spats."

—Woody Allen

"The dandelions and buttercups gild all the lawn. The drowsy bee stumbles among the clover tops, and summer sweetens all to me."

—James Russell Lowell

The Promenade at Blue Hill Family



PromenadeSenior.com

Leah Schwibner.....Executive Director
Marilyn Rosenzweig, RN.....Wellness Director
Dawn Irvin.....Recreation Director
Michael Logan.....Food Service Director
Ben Magboo.....Maintenance Director
Caryn Bergon.....Community Relations Director

MISSION STATEMENT

Our mission is to provide seniors with outstanding housing options, as well as uncompromising care to ensure our residents can lead the happy, healthy and productive lives they deserve.

It is our desire to have your family and friends become members of our Promenade family.

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