

**THE PROMENADE**  
**AT BLUE HILL**  
 AN ASSISTED LIVING AND MEMORY CARE COMMUNITY  
 WWW.PROMENADESENIOR.COM

582 Veterans Memorial Drive • Pearl River, NY 10965 • (845) 735-6846

**July 2010**

**Team Member  
 of the  
 Month**



**CONGRATULATIONS**  
**Team Member of the Month**  
**Regina Moriarity**

Regina has been a dedicated team member since 2008. We appreciate her and thank her for her daily devotion.

**A Note From Leah**



We are enjoying the wonderful weather!!!! Our residents are in full swing and the bus has been full. Picnics, outings, theatre trip, shopping, programs, entertainment and, of course, luncheons. Fun! Fun! Fun!

Please join us during socials; we love seeing families and friends.

**Enjoy July!**  
**Best Always,**  
**Leah**



**Marilyn's Corner**

Friendly reminder to replenish resident supplies and appropriate summer clothing and toiletries.

Please let us know when you are taking your loved ones out—especially during meals.

Wishing you all a wonderful, safe, happy summer!!

**Marilyn**



**FAMILY NIGHT**

Mitch Korn will be performing Karaoke-style music.

Refreshments will be served!  
 Please join us for a fun evening,  
 Thursday, July 15th, at 6:30pm.

**FAMILY SUPPORT  
 GROUP**

Thursday, July 22nd, 7:00pm  
 Judy Tamaroff, L.C.S.W.,  
 provides a family support group  
 for families every fourth  
 Thursday of each month.  
 Please call to let us know you  
 can join us!!!

**HAPPY 4TH OF JULY!**





## CELEBRATIONS



### Birthday Social

Wed., July 28th, 2pm  
Please join us for a celebration of our residents' birthdays. Cake and punch will be served!



### RESIDENT BIRTHDAYS

- 7/03.....Robert E.
- 7/16.....Peggy M.
- 7/21.....Mary T.
- 7/22.....Holly S.

### STAFF BIRTHDAY

- 7/06....Taniesha W.



### IN LOVING MEMORY

Our condolences to the family of **Phyllis Hunter**. She will be greatly missed by the entire Promenade Family.



# Activities

## FAMILY SCRAPBOOKS

So You ... a weekly arts and crafts program provides wonderful resident projects at The Promenade. One of our projects scheduled for September is to create personal scrapbooks.

We are asking families to assist us with photograph donations. Please keep in mind that pictures may be cut and will not be returned. Please drop off labeled photos (pencil names on back) at the front desk in an envelope by August 27th.



## SCRAPBOOKS CON'TD.

Photos may be numbered on the back with a corresponding sheet that includes the date, event, members in photo and/or location.

If you have any questions, please call Gretchen, Activities Director, at (845) 735-6846.



## JULY PROMENADE TRIPS

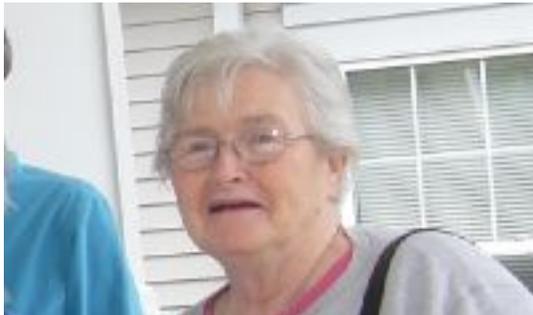
- |         |                       |
|---------|-----------------------|
| SUNDAYS | RELIGIOUS SERVICE     |
| 7/1     | SUPER SHOPPING        |
| 7/1     | LUNCH BUNCH           |
| 7/6     | SWEET SHOPPE          |
| 7/8     | RAINBOW THEATRICALS   |
| 7/11    | LIBRARY PROGRAM       |
| 7/15    | LUNCH BUNCH           |
| 7/18    | ICE CREAM TRIP        |
| 7/22    | SWING BAND CONCERT    |
| 7/25    | LIBRARY VISIT         |
| 7/29    | NYACK FARMERS' MARKET |



## JULY SPECIAL EVENTS

- 7/3 BIBLE STUDY WITH DAWN
- 7/5 RON ROMAINE SINGS
- 7/7 LECTURE WITH HERB FISCHER
- 7/10 DAVID KLOPACZ PERFORMS
- 7/12 WARREN O'NEIL SINGS
- 7/13 CHAIR YOGA WITH COLLEEN
- 7/14 HORTICULTURE CLUB
- 7/15 SIT FITNESS WITH MIRIAM
- 7/15 FAMILY NIGHT WITH MITCH KORN
- 7/17 ZUMBA EXERCISE
- 7/20 ZUMBA EXERCISE
- 7/21 GUY PARKS PLAYS PIANO
- 7/23 BERT PLAYS ACCORDION
- 7/28 BIRTHDAY SOCIAL

## SMILING FACES



## Having Fun!



## Wit & Wisdom

“The secret of happiness is freedom. The secret of freedom is courage.”  
—*Thucydides*

“Well, if crime fighters fight crime and fire fighters fight fire, what do freedom fighters fight? They never mention that part to us, do they?”  
—*George Carlin*

“There is no such thing as a little freedom. Either you are all free, or you are not free.”  
—*Walter Cronkite*

“Freedom is, first of all, the chance to formulate the available choices, to argue over them—and then, the opportunity to choose.”  
—*C. Wright Mills*

“You can only protect your liberties in this world by protecting the other man’s freedom. You can only be free if I am free.”  
—*Clarence Darrow*

# The Promenade at Blue Hill Family



PromenadeSenior.com

Leah Schwibner.....Executive Director  
Marilyn Rosenzweig, RN.....Wellness Director  
Caryn Bergon.....Community Relations Director  
Michael Logan.....Food Service Director  
Gretchen Sutera.....Recreation Director  
Ben Magboo.....Maintenance Director

## MISSION STATEMENT

Our mission is to provide seniors with outstanding housing options, as well as uncompromising care to ensure our residents can lead the happy, healthy and productive lives they deserve.

It is our desire to have your family and friends become members of our Promenade family.

**(845) 735-6846**

**[www.promenadesenior.com](http://www.promenadesenior.com)**

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