

THE PROMENADE

AT BLUE HILL

AN ASSISTED LIVING AND MEMORY CARE COMMUNITY

WWW.PROMENADESENIOR.COM

March 2010

582 Veterans Memorial Drive • Pearl River, NY 10965 • (845) 735-6846

EMPLOYEE OF THE MONTH



SANTANA PIERRE

Santana, a Care Manager at The Promenade, goes above and beyond her caring responsibilities. Santana's upbeat personality and infectious smile truly shines when she interacts with our residents every day. She enjoys playing with our residents and is a great support to our recreation leaders by always lending a hand and running a program or two. We are fortunate to have Santana on our team!!

Residents Wishing You a Happy St. Patrick's Day!!



A Note From Leah

The year is flying by!!! I certainly hope that we have a mild end to the winter.

We are looking forward to spring weather and a fabulous calendar of spring outings!!! Our residents are keeping busy and still going out whenever the weather permits.

February was great with our Super Bowl Social, Valentine's parties and, of course, lots of activities, fun and entertainment in between.

Have a wonderful March and stop in to share in our fun!!

I look forward to seeing you!

Best Always, Leah



Wanting to Keep in Touch!!

Share your email addresses with us so we can keep you updated on all current events!!!! Drop them off at the front desk.



**Shamrock Social!!!
March 17th at 3pm**

FAMILY NIGHT

An Evening of Music
with Mitch Korn!

Family & Friends Welcome!!!

March 18th, 6:30-7:30pm.

Refreshments will be served!



**Residents Enjoying
Morning Yoga !**



Celebrations



Birthday Social

Wednesday,
March 24th, at 2pm
Please Join us for
cake and punch!

Resident Birthdays



3/02.....Barbara G.
3/08.....Lenore R.
3/19.....Nancy B.
3/31.....Helen D.

Staff Birthdays

3/02.....Jimmy M.
3/05. Magdeline C.
3/12.....Christine M.



To Our Family Rosie P.



Monthly Support Group

Being a caregiver to a parent/loved one involves major changes for all involved. Our family and friends support group is comprised of people with common experiences. People who have been through, or are going through, similar circumstances can do more than sympathize. They can relate and reassure you that you are not alone.

The 4th Thursday of each month, Judy Tamaroff, L.C.S.W., holds a family and friends support group at The Promenade. This is a free group and open to anyone. If you or someone you know could benefit with support, please feel free to join us.

The next support group is Thursday, March 25th at 7:30pm.

For additional information about this group, call (845) 735-6846.



MARCH PROMENADE TRIPS

SUNDAYS RELIGIOUS SERVICE
3/4 LUNCH BUNCH OUTING
3/7 YIDDISH HUMOR@LIBRARY
3/9 LUNCH BUNCH TRIP
3/11 MATINEE IN SUFFERN
3/16 SHOPPING TRIP
3/21 PIANO CONCERT @ CHURCH
3/23 SPRING FLING RIDE
3/25 COFFEE KLATCH OUTING



Our Favorite Irish Soda Bread

Ingredients:

3 cups flour
1/2 teaspoon baking soda
2 tablespoons white sugar
1/2 cup raisins
1 egg beaten, 1 cup buttermilk
2 tablespoons margarine, melted

Directions:

Preheat oven to 350. Grease a cast iron skillet. Mix flour, baking soda & sugar, add raisins. Add egg, buttermilk & melted margarine. Stir. Knead dough on floured surface to even out. Pat into a flat circle, place into the prepared pan. Bake for 40 to 45 minutes.



MARCH SPECIAL EVENTS

3/8 RON ROMAINE SINGS
3/9 CHAIR YOGA WITH COLLEEN
3/10 WARREEN O'NEIL PERFORMS
3/10 LAUGHTER CLUB
3/15 VAN MARTIN ENTERTAINS
3/17 BERT PLAYS ACCORDION
3/17 ST.PATRICK'S DAY SOCIAL
3/18 MITCH KORN SINGS
3/18 FAMILY NIGHT
3/20 ZUMBA EXERCISE
3/22 ERIC LIPPER PERFORMS
3/23 ZUMBA EXERCISE
3/24 BIRTHDAY SOCIAL
3/24 HORTICULTURE CLUB
3/24 RSVP CLOWNS
3/25 SUPPORT GROUP MEETING
3/31 LAUGHTER CLUB



Residents and Families



SMILES !



SMILES !



SMILES !

Horticulture Club

The Promenades Horticulture Club, directed by Certified Horticulturist Catherine Niebanck, keeps our home full of beautiful plants and flowers all year-round. The group meets monthly and enjoys working on a wide variety of projects. Activities include working with indoor and outdoor plants, and seasonal decorative crafts that incorporate natural elements.

This year we brought our plants indoors to our Town Square Greenhouse.

Our club is looking forward to warmer weather so they can begin planting outdoors. The horticulture club's projects truly add to our already beautiful home.



Catherine and Some Club Members in Our Town Square Greenhouse



The Promenade at Blue Hill Family



PromenadeSenior.com

Leah Schwibner.....Executive Director
Marilyn Rosenzweig, RN.....Wellness Director
Caryn Bergon.....Community Relations Director
Michael Logan.....Food Service Director
Gretchen Sutera.....Recreation Director
Ben Magboo.....Maintenance Director

MISSION STATEMENT

Our mission is to provide seniors with outstanding housing options, as well as uncompromising care to ensure our residents can lead the happy, healthy and productive lives they deserve.

It is our desire to have your family and friends become members of our Promenade family.

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