



THE PROMENADE
 AT BLUE HILL
 AN ASSISTED LIVING AND MEMORY CARE COMMUNITY
 WWW.PROMENADESENIOR.COM

582 Veterans Memorial Drive • Pearl River, NY 10965 • (845) 735-6846

May 2010

**CONGRATULATIONS,
 AESEL KALLUKALAM**

Aesel is May's Employee of the Month. She has been a valuable Wellness Team Member since 2006. We appreciate her contagious smile that brings sunshine to our home every day. Congratulations, Aesel !!!!



**CASINO NIGHT.....
 A REAL WIN**



A Note From Leah



May at The Promenade!!!

We are all loving the outdoor grounds, gardens, walking paths and of course off site excursions. Our bird feeders are getting quite a bit of visits from a variety of feathered friends.

Our Memorial Day Family BBQ this year is being held on Saturday May 29th at Noon. Family and friends are invited to be our guests. Although I will be attending my son's wedding in Florida and won't be able to join you, please come and enjoy our summer kick off celebration with our residents, families and staff.

Have a Wonderful Mother's Day & Memorial Day Weekend.

Best Always, Leah

**Wishing All of the Mothers,
 Grandmothers and Women
 Who Have Made a
 Difference in a Child's Life
 a Very Happy Mother's Day.**

"A mother is someone who dreams great dreams for you, but then she lets you chase the dreams you have for yourself and loves you just the same."



HAPPY MOTHER'S DAY



Happy Memorial Day!



**Memorial Day BBQ
 Sat. May 29th @ Noon
 RSVP Required 735-6846**

FAMILY NIGHT

Please join us on Thursday,
 May 20th
 at 6:30pm
 for the music of Eric Lipper!
 Refreshments will be served!





CELEBRATIONS

Birthday Social

Wed. May 19th, @ 2pm
Please join us for a celebration of our residents' birthdays. Cake & punch is served!



RESIDENT BIRTHDAYS

- 5/11.....Tillie P.
- 5/11.....John G.
- 5/17.....Ida C.
- 5/20.....Martin H.
- 5/25.....Rita S.



Staff Birthdays

- 5/16.....Evane M.
- 5/21.....Bob R.
- 5/26.....Leah S.
- 5/30.....Ben M.



Tillie Turns 100 !!!

A special social is planned on May 11th to celebrate this wonderful occasion!

ATTENTION ALL GARDENERS !! BE A PART OF OUR RESIDENTS GARDEN CLUB!

We are so excited about our perennial and annual gardens that our residents are planning and planting.

Each resident and resident's family is invited and welcome to contribute to our patio beds and personalize the home with your garden inspirations.

We invite families to join us for our Garden Day on Saturday May 8th at 10:30 am.

Bring your tools, plants, green thumb and gardening enthusiasm.

The beds will be coordinated based upon types of plantings.

We hope you can join us and look forward to seeing you !!!!



ITALIAN DAY-SAT. MAY 1st

We will be celebrating all things Italian. Gretchen's son, Joseph, who studies Italian in Middle School, is volunteering his time to bring Italian words and traditions to Promenade for the day. We will also be enjoying Italian treats!



MAY PROMENADE TRIPS

- | | |
|---------|-------------------------|
| SUNDAYS | RELIGIOUS SERVICE |
| 5/2 | ITALIAN OPERA @ LIBRARY |
| 5/4 | SUPER SHOPPING |
| 5/6 | ICE CREAM TREAT |
| 5/11 | LUNCH BUNCH OUTING |
| 5/13 | MINIATURE GOLF |
| 5/18 | SENIOR AWARENESS DAY |
| 5/20 | LUNCH BUNCH OUTING |
| 5/23 | A WALK IN THE PARK |
| 5/25 | SHOPPING TRIP |
| 5/27 | SCENIC RIDE |
| 5/30 | BIG BAND MUSIC @ SVHS |



MAY SPECIAL EVENTS

- 5/01 ITALIAN DAY
- 5/06 KARAOKE WITH MITCH KORN
- 5/08 ROM ROMAINE SINGS
- 5/11 CHAIR YOGA WITH COLLEEN
- 5/12 SIT FITNESS WITH MIRIAM
- 5/12 HORTICULTURE CLUB
- 5/15 ZUMBA EXERCISE
- 5/17 ERIC LIPPER PERFORMS
- 5/19 BIRTHDAY SOCIAL
- 5/20 RSVP CLOWNS
- 5/20 FAMILY NIGHT
- 5/22 DAVID KLOPACZ SINGS
- 5/25 ZUMBA EXERCISE
- 5/26 WARREN O'NEIL ENTERTAINS
- 5/26 SIT FITNESS WITH MIRIAM
- 5/29 MEMORIAL DAY BBQ





RESIDENTS HAVING FUN !!



FAMILY



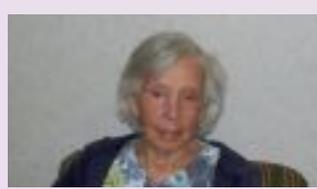
Flora C.



Nora & Daniel G.



Tillie P.



Phyllis H.



GARDENING



We Love the Birds!

Bird watching is one of America's fastest growing pastimes. It is a well-documented fact that wildlife helps people feel connected to nature and can have a calming effect.

One of our residents' favorite pastimes is watching the many species of birds that visit our bird feeders.

We made pine cone bird feeders and added them to our courtyards.

Pine Cone Bird Feeders:

Tie a ribbon around a pine cone, spread peanut butter inside and around the edges of the cone, roll it in bird seed, hang it for birds to enjoy.



ATTENTION FAMILIES!

Now that the nice weather is here our residents need assistance with turning over their wardrobes to cooler clothes. Please help them with the removal of heavy winter garments and outerwear. Short sleeve tops and light sweaters are great for this time of year. And always remember to **PLEASE LABEL EVERYTHING.**

Thank you for your help.



The Promenade at Blue Hill Family



PromenadeSenior.com

Leah Schwibner.....Executive Director
Marilyn Rosenzweig, RN.....Wellness Director
Caryn Bergon.....Community Relations Director
Michael Logan.....Food Service Director
Gretchen Sutera.....Recreation Director
Ben Magboo.....Maintenance Director

MISSION STATEMENT

Our mission is to provide seniors with outstanding housing options, as well as uncompromising care to ensure our residents can lead the happy, healthy and productive lives they deserve.

It is our desire to have your family and friends become members of our Promenade family.

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