

THE PROMENADE

P O S T

October 2008

582 Veterans Memorial Drive • Pearl River, NY 10965 • (845) 735-6846



Community News

You are all invited to participate in the following October events:

Sat., Oct. 11—Promenade will sponsor the Pumpkin Painting event at Pearl River Day.

Sun., Oct. 12—Team Promenade will be partaking in the Alzheimer's Walk in Pearl River. Call us for details.

Thurs., Oct. 15—The Music Makers, a talented group from Rockland County, will perform for us at 1:30 p.m. in the Town Square.

Wed., Oct. 21—"Making Sense of Challenging Behaviors," will be the topic of discussion from 2:30 to 4:30 p.m. here at the Promenade, presented by the Alzheimer's Association.



Elvis and Warren Rocking the House

A Message From Diane

"Filling Life with Love," was the theme for this year's National Assisted Living Week in September. One event we held was with Warren O'Neil, entertaining our residents and staff with oldies and goodies of musical tunes. Promenade also was lucky to have a guest appearance by Elvis. All were surprised to find out that our very own staff member, Anthony, was the one within the costume. It was quite a musical performance by Elvis, and he has been invited back for an encore repertoire.

Congratulations, Scarlett! She gave birth to a healthy, beautiful baby boy named Jonathan! We wish you bundles of joy and happiness!

On Saturday, Oct. 11, family members are encouraged to come between 11 a.m. and 3 p.m. to sort through items of clothing in our Lost & Found. Items will be in the conference room, at which time we will relabel the residents' items with an indelible marker.

Have a wonderful fall season!

Diane, Executive Director



Scarlett, Marilyn, Jonathan and Charlie



Jonathan Dean Mangeri
Aug. 27, 7:31 p.m.
7 lbs., 3.7 ozs. 19½ inches



Happy Halloween

Trick or Treat
Thursday, Oct. 30, 6-8 p.m.



Charlie
July 1, 2008
5 lbs., 5 ozs.



Trivia Whiz

Scary Spaces

If you dare, check out this list of some of America's spookiest sites:

Myrtles Plantation, St. Francisville, La. Built in 1796, the ghost of a hanged slave mistress named Chloe is said to haunt the grounds at 3 a.m.

Whaley House, San Diego. Thomas Whaley built the home in 1857. It's reported that his red-haired daughter appears in such a realistic form that visitors often mistake her for a living child.

Lemp Mansion, St. Louis. Built by the Lemp family, of lager-beer fame, in 1860, the now-restaurant and inn is known for apparitions, strange sounds and levitating objects.

Hull House, Chicago. Charles Hull built the home in 1865. Footsteps and banging noises are said to resound from Mrs. Hull's bedroom.

Promenade Hair Salon

Open Every Monday



Susan and Virginia

At Your Service

Susan Miele is the hairdresser at The Promenade. If you're ever here on a Monday, you'll see residents awaiting her arrival and departing the salon looking great! Susan said her favorite part about her job is "making them beautiful." Susan is available to do hair and make-up for special occasions upon request.



October Birthdays

People born in October tend to be diplomatic, avoiding conflict and finding a happy medium. They are also very warm and friendly and can find something to like in nearly everyone. They thirst for knowledge, but search for it across a variety of subjects.

Happy Birthday

Oct. 4 Mineola B.
Oct. 4 Margaret R.



Special Events

10/2 GRACE ON THE FLOOR
10/6 ENTERTAINMENT BY DAVID K.
10/14 CHAIR YOGA WITH COLLEEN
10/15 MUSIC MAKERS PERFORMANCE
10/17 "YOMENCO" EXERCISE
10/20 MUSIC WITH MARILYN
10/30 BERT ENTERTAINS
10/30 TRICK OR TREAT

**Families and friends are always
welcome to join us!!!**



THE PROMENADE TRIPS

SUNDAYS RELIGIOUS SERVICE
TUESDAYS MORNING SCENIC RIDES
10/2 FALL FOLIAGE
10/7 LUCKY STRIKE
10/9 SPORTS IN ROCKLAND
10/13 OKTOBERFEST
10/14 SHOPPING TRIP
10/21 MATINEE MOVIE DAY
10/23 DEWITT HOUSE TOUR
10/28 LUNCH-THE DAWG HOUSE

Welcome, New Residents

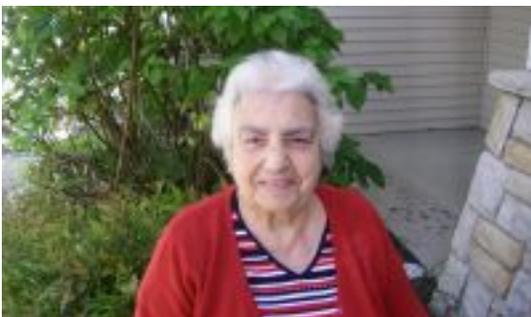
Kay, Peggy and Maria



Kay with grandchildren at Labor Day BBQ



Peggy on Circle Line Cruise



Maria in the Courtyard



Mineola at 42nd St. Pier, N.Y.C.

Attention, Residents & Families!

Our first trip to New York City was a success. Everyone who attended the Circle Line Cruise had a great time. I would like to make arrangements for us to attend the **Radio City Christmas Spectacular**. Before you know it, the holiday season will be here. Let's make this season special by attending the show together as a group.

To make this trip successful, I will need family participation. Please contact me if interested in attending, so I can make arrangements. To get a group rate for tickets, we must purchase 25 tickets and also charter transportation. I will do my best to make this trip memorable! All I need is you.

Based on response, we will either attend a Sunday or Thursday matinee. Tickets range from \$57-\$27 plus transportation. The more people who attend, the less the transportation will be.

I look forward to your response and providing an opportunity for everyone to enjoy!

Dawn, Recreation Director



Rosemary and Daughter #4 (Barb)



Wit & Wisdom

"Whenever you're scared of something, don't let that define you. We all feel it, but step up."

—Vince Vaughn

"At my age, flowers scare me."

—George F. Burns

"They torture and scare you for 20-odd years ... Then they expect you to pick a career."

—John Lennon

"Good advice usually works best when preceded by a bad scare."

—Al Batt

"Bravery is the capacity to perform properly even when scared half to death."

—Omar Bradley

"To tell the truth, I'd scare me, too."

—Jethro Tull

Promenade Family



PromenadeSenior.com

Diane Hill.....Executive Director
Marilyn Rosenzweig.....Wellness Director
Dawn Irvin.....Recreation Director
Michael Logan.....Food Service Director
Ben Magboo.....Maintenance Director
Caryn Bergon.....Community Relations Director

MISSION STATEMENT

The Promenade believes that seniors have the right to lead happy, healthy and productive lives. It is our responsibility to ensure that they can.

Our mission is to provide seniors with outstanding housing options, as well as uncompromising care to enable residents to lead dignified and productive lives.

Our mission is to have your family members become members of our Promenade family.

The Promenade at Blue Hill
582 Veterans Memorial Dr.
Pearl River, NY 10965